



BLUPHORIA

## BLUPHORIA REBALANCE

A hectic and accelerated lifestyle characterises our everyday life. Work, fitness, lack of sleep as well as leisure demand a lot of energy. A healthy diet including relevant micronutrients, amino acids and antioxidants is therefore more important than ever to achieve and maintain balance every day.

BLUPHORIA REBALANCE is a vegan food supplement consisting of high-quality pea protein (40 %) and amaranth (5 %) in organic quality, naturally including all essential amino acids, complex carbohydrates, minerals and vitamins. Tastes fruity fresh thanks to its natural flavour of passion fruit.

WITHOUT preservatives, colourings, sweeteners, artificial flavours. Gluten free. Vegan.

### INGREDIENTS

Bio pea protein-concentrate (40 %)\*, maltodextrin, coconut blossom sugar, bio-amaranth (5 %)\*, inulin (chicory root), grape seed powder, vegetable, fruit and herb powder mix with acerola cherries, mango, nettle, pomegranate, red beetroot, sunflower oil, lemon-extract, natural passion fruit aroma, sodium chloride, Magnesium oxide, potassium chloride, algae extract from haematococcus pluvialis containing astaxanthin, vitamins and minerals mix: vitamin A, vitamin C, vitamin E, biotin,

folate, niacin (vitamin B3), pantothenic acid (vitamin B5), vitamin B1, vitamin B2, vitamin B6, vitamin B12, vitamin K1, vitamin D3. zinc gluconate, potassium iodate, chromium chloride, iron sulfate, manganese sulfate, sodium molybdate, sodium selenate.

\*45% of the agricultural ingredients come from organic farming.

Energy and nutritional values	Unit	for 100g	for 20 g (daily portion)	NRV*
Energy	kJ kcal	1490 352	298 70	
Fat	g	1,24	0,25	
Saturated fat	g	0,37		
Carbohydrates	g	42,6	8,5	
Sugar	g	17,4	3,5	
Oligosaccharids	g	18,5	3,9	
Dietary fiber	g	4,8	1	
Protein	g	39,7	7,6	
Salt	g	1,3	0,3	
Vitamin A <sup>1</sup>	µg	4120	824	100
Vitamin C <sup>2</sup>	mg	500	100	125
Vitamin E <sup>3</sup>	c	60	12	100
Folate <sup>5</sup>	µg	4500	900	450
Biotin <sup>6</sup>	µg	250	50	100
Niacin (B3) <sup>6</sup>	mg	80	16	100
Pantothenic acid (B5) <sup>7</sup>	mg	30	6	100
Vitamin B1 <sup>8</sup>	mg	5,54	1,1	100
Vitamin B2 <sup>9</sup>	mg	7	1,4	100
Vitamin B6 <sup>10</sup>	mg	7	1,4	100
Vitamin B12 <sup>11</sup>	µg	12,5	2,5	100
Vitamin K1 <sup>12</sup>	µg	382	76	100
Vitamin D3 <sup>13</sup>	µg	125	25	500
Zinc <sup>14</sup>	mg	50	10	100
Manganese <sup>15</sup>	mg	5	1	50
Molybdenum <sup>16</sup>	µg	250	50	100
Selenium <sup>17</sup>	µg	275	55	100
Magnesium <sup>18</sup>	mg	1883	377	100
Iodine <sup>19</sup>	µg	750	150	100
Iron <sup>20</sup>	mg	71	14	100
Chromium	µg	200	40	100
Astaxanthin	mg	40	8	

All values are average values and are subject to natural fluctuations.

\* Percentage of the reference value NRV (Nutritional Reference Value) according to LMIV (EU).

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